# 7<sup>th</sup> Grade Registration Instructions

- Go to "Course Info" at <u>cjhncc.com</u> to watch the 7<sup>th</sup> grade course registration video. You also will find videos for electives, contact info for elective teachers/coaches, and other helpful items.
- 2) Fill out your registration form and have a parent sign it.
- 3) Turn in your registration form <u>to your advisory teacher</u>. The sooner you return your form, the more likely you are to get the electives you want.

# **Home Access Center (HAC) Instructions**

You can keep track of your course requests by viewing them in HAC. You have the ability to do this through the month of March.

- 1) Log into HAC and go to the "Classes" section.
- 2) Under the "Schedule" tab you should see your five core classes listed for next school year at the bottom. Everyone is scheduled into regular classes by default (or into honors if recommended). If you would like to add/remove any honors courses, see the reverse side on how do go about that.
- 3) Once you turn in your signed registration form and the counseling center enters your electives, you will see your full seven course requests listed in HAC. <u>Note</u>: This is not a schedule, nor is it a guarantee you will be placed in all of your elective choices (due to tryout results, course requirements, and space availability).
- 4) After March, the ability to view course requests in HAC will go away. You can speak with someone in the counseling center to verify your requests at any time.

# **Frequently Asked Questions**

### • Which sports have tryouts?

Tryouts for <u>volleyball</u> and <u>boys/girls basketball</u> will take place later this semester (specific dates to be announced). For <u>cross country/track</u>, the tryout period is the first eight days of class each semester (fall for cross country and spring for track). <u>Football</u> does not have tryouts; students who dress out and do what is asked of them are allowed to stay on.

### • What happens if I don't make the cut for a sport?

Students who do not make the <u>volleyball</u> or <u>basketball</u> cuts will be scheduled into their next elective choice. Students who do not make the cut for <u>cross country/track</u> will choose a new elective. Please note that, since these cuts happen after the school year has started, elective choices will be limited due to availability.

### • What are the requirements to participate in a sport?

All sports require a yearly <u>sports</u> physical exam for participation as well as completion of the district athletic forms, which can be done by creating an account at *dragonflymax.com*. Coaches will collect physicals on the first day of tryouts.

#### • What if I'm a girl wanting to take more than one sport?

Volleyball and basketball are during the same class period. If you sign up for both <u>and</u> make the cut <u>for both</u>, you will be placed in volleyball. When volleyball season ends, you will switch over the basketball. If you sign up for both and only make the cut <u>for one</u>, you will be placed in that sport for the whole year. Cross Country/Track takes place a different class period than the other sports.

#### • What if I'm a boy wanting to take more than one sport?

Football and basketball are during the same class period. If you sign up for both <u>and</u> make the basketball cut, you will be placed in football. When football season ends, you will switch over to basketball. Cross Country/Track takes place a different class period than the other sports.

• I was recommended for an honors course that I don't want to take. What do I do? You must get in touch with a counselor to make this change.

#### • How do I sign up for honors courses if I wasn't recommended?

You need to have a conversation with your teacher(s) to get feedback. Then you will be given a waiver that must be signed by a parent. Your course(s) will be changed if you turn it in by August 1.

#### • How can I take band if I didn't audition?

Get in touch with Erica Hann (erica.hann@cabotschools.org) to try out for an instrument. She will let the counseling center know which class to put you in (in place of your 2<sup>nd</sup> elective choice).

- Can my two electives be PE and PE/Track? No, you only may have one class of elective PE.
- Should I sign up for elective PE when it's already part of the required block? Every student must take the 9-weeks PE. You're welcome to take year-long elective PE as well. Just know that for one of the 9-weeks, you will have PE twice a day.
- What happens if I realize I don't like one of my electives after school has started? Everyone has the first two weeks of each semester to change an elective. Schedule change request forms will be available in the counseling center. Options will be limited to classes that still have space available.
- What if I have a question that was not addressed? Get in touch with a Junior High North counselor:

## **Cabot Junior High North Counseling Center**

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